

# Walk FOR Life

& 5K FUN RUN 2025

SATURDAY, SEPTEMBER 27

## DOWNTOWN ASHLAND CORNER PARK

7:00 a.m. 5K Fun Run Check-In  
8:00 a.m. 5K Fun Run Begins

8:15 a.m. Walk Check-In  
9:30 a.m. Walk Begins

We will have a short program at 9:00 a.m. followed by a group picture.  
Refreshments and snacks will be provided.

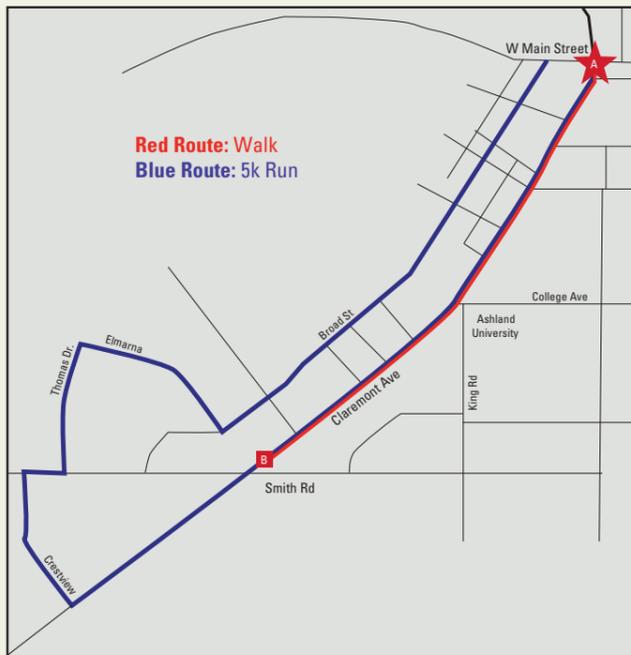
## IT'S EASY!

- Only a two-mile walk - bring the whole family.
- Walk/Run as an individual or team. (*Team consists of 3 or more people*)
- Come rain or shine!
- Walk/Run on your own if you can't join us.

**STEP 1:** Register online at [www.AshlandCareCenter.org/Walk](http://www.AshlandCareCenter.org/Walk)

**STEP 2:** Ask EVERYONE you know to sponsor you. You will be amazed how many will say YES!

**STEP 3:** Please be sure all names and addresses are complete and easy to read. Bring your completed Pledge Form(s) and checks/cash to Ashland Pregnancy Care Center by Tuesday, Sept. 23rd. You may also bring the day of the Walk/Run. We'll take care of the billing for pledges \$20 or more.



## YOUR SUPPORT WILL HELP

# Save Lives!

Your support helps provide accurate information and compassionate assistance to women and men facing an unexpected pregnancy. We offer comprehensive, positive alternatives to abortion. Our free and confidential services include:

- Pregnancy Testing
- Limited OB Ultrasounds
- Options Counseling
- Learn & Earn Program
- Mom & Dad Mentoring
- Referrals for Community Services
- Post-Abortion, Miscarriage, and Infant Loss Recovery
- Adoption Information
- Bible Studies nurturing spiritual growth
- Sexual Integrity and more...

We are a Christ-centered ministry offering compassion, hope, and help to women and men facing critical pregnancy decisions by establishing trusted relationships, equipping through education and resources, and empowering families to live life according to God's plan. Ashland Pregnancy Care Center is completely funded through private donations and fundraisers like Walk for Life.



## WALK:

Choose your own pace to complete the 2-mile walk starting at Corner Park up Claremont to Smith Road (Christ UMC) and return to Corner Park.

## RUN:

Pre-register for our 8th Annual 5K Fun Run! When you pre-register, there is a \$25 sponsorship (per runner) required. The required sponsorship increases to \$50 on the day of the event.

## IMPACT:

Supporting the ministry of Ashland Pregnancy Care Center is easy! Fundraise online or by using this pledge sheet. For more information, visit [www.AshlandCareCenter.org/Walk](http://www.AshlandCareCenter.org/Walk).

119 Sloan Ave. • Ashland, OH 44805  
[ashlandcarecenter.org](http://ashlandcarecenter.org) • (419) 281-1111



# A Story of LIFE



"Your eyes saw my unformed body; all the days ordained for me were **written in your book** before one of them came to be."

— Psalm 139:16



# Walk FOR Life

## & 5K FUN RUN 2025

SATURDAY, SEPTEMBER 27  
Downtown Ashland Corner Park

Take the first step & register: [www.AshlandCareCenter.org/Walk](http://www.AshlandCareCenter.org/Walk)

# SPONSOR PLEDGE FORM

WALK FOR LIFE GOAL - \$50,000

Please **PRINT legibly and provide ALL information.** You may photocopy this form for additional pledge space or download a PDF from our website at [AshlandCareCenter.org/Walk](http://AshlandCareCenter.org/Walk).

Please turn in any money collected in advance with completed pledge forms to the Center by Tuesday, Sept. 23rd. We will bill anyone that is unable to pay at the time of their pledge (**\$20 minimum** for us to bill, please!)

Walker/Runner Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_

ST \_\_\_\_\_ Zip \_\_\_\_\_

Phone \_\_\_\_\_

Church/Group \_\_\_\_\_

Email \_\_\_\_\_

MY GOAL \_\_\_\_\_ TOTAL PLEDGES \_\_\_\_\_

I am participating in:  Walk  5k Fun Run

I am:  Adult (18+)  Teen (11-17)  Child (0-10)

T-shirt Size: \_\_\_\_\_

Have you participated in a Walk For Life before?  Yes  No

I am participating as:

Individual  Team Captain  Team Member

Team Name \_\_\_\_\_

**A team consists of 3 or more fundraisers. Each fundraiser must have their own pledge sheet and/or online fundraising page.**

Team Captain Name \_\_\_\_\_

## QUESTIONS? 419.281.1111

Please print all information clearly. Make check payable to Ashland Pregnancy Care Center.

**NOTE: Please do not include pledges or donations recorded online.**

First		Last	
Address			
City	ST	Zip	Phone
Email			
<input type="checkbox"/> \$25	<input type="checkbox"/> \$50	<input type="checkbox"/> Other \$ _____	<input type="checkbox"/> Bill Me <input type="checkbox"/> Cash <input type="checkbox"/> Check # _____

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Receive a **FREE T-SHIRT** & entry into prize drawings with **\$25 sponsorship!**

## PERSONAL FUNDRAISING INCENTIVES:

**Level 1 - Raise \$150**  
Coolie (pink or navy)



**Level 2 - Raise \$600**  
Wireless Charging Pad



**Level 3 - Raise \$1,000**  
Large Anchor Tote



**Prize drawings for adults and youth!**

*\*Incentives are based on individual fundraising. T-shirt sizes will be available on a first-come, first-served basis.*