

# Lifelines



**November 2021**

## Miracles Are Possible - Record Walk/Run Raises \$44,348!

Photos Courtesy of Soundfall Media, Caleb Burns & Dylan Counts Productions



### WAY TO GO TO OUR TOP FUNDRAISERS!

#### Top 5 Walkers/Runners:

- 1st Place:** Ann Kline - \$7,994.00
- 2nd Place:** Clara Weaver - \$2,194.00
- 3rd Place:** Samuel Dilley - \$1,700.00
- 4th Place:** Adrea Tennant - \$1,555.40
- 5th Place:** Traci Counts - \$1,495.00

#### Top 5 Teams:

- 1st Place:** Weaver Crew - \$6,316.00
- 2nd Place:** Cruise Missile's - \$2,355.40
- 3rd Place:** Dilley - \$1,700.00
- 4th Place:** Genesis Christian Academy - \$1,510.00
- 5th Place:** Gemseekers - \$1,310.00



**THANK YOU** for walking/running to support Ashland Pregnancy Care Center's life-affirming mission on Saturday, October 2, 2021, at the Corner Park for our annual Walk for Life & 5K Fun Run. We had a record total of nearly 300 Walkers & 28 Runners! We surpassed our \$25,000 fundraising goal by more than 177%!

**This year YOU helped raise \$44,348.40!**

*Praise God! You are making miracles happen!*

We are also grateful for our friends from ShineFM as they provided music & sound the day of the event. Also a special thanks for in-kind gifts provided by Park National Bank, Tim Hortons, Fitch Pharm Farm, Hempy Water, Pioneer National Latex, & Mike & Pam Mowry.

View the highlight reel at: [www.AshlandCareCenter.org/Walk](http://www.AshlandCareCenter.org/Walk).

### *Mission Statement:*

The Ashland Pregnancy Care Center is a Christ-centered ministry offering compassion, hope, and help to women and men facing critical pregnancy decisions by *establishing* trusted relationships, *equipping* with education and resources, and *empowering* families to live life according to God's plan.

### *Staff*

**Executive Director**  
Melanie Miller

**Administrative Assistant**  
Traci Counts

**Client Care Coordinator**  
Jackie Beaty

**Client Outreach & Volunteer Coordinator**  
Amanda Bowman

**Boutique Coordinator**  
Pat Rogers

### *Medical Staff*

**Medical Director**  
Dr. Debbie Cowden

**Nurse/Clinic Manager**  
Chris Coffy, RN

**Sonographers**  
Mandi Ross, RDMS  
Katie Kline, RT

### *Board of Directors*

Lorin Weaver - President  
Barbie Lange - Vice-President  
Renee Maggelet - Secretary  
Travis McKenzie - Treasurer  
Eric Abel  
Tanya Blough, RN  
John Oleyar  
Joan Scott, RN  
Adrea Tennant  
Melanie Miller (ex-officio)

*Thank you to our Corporate Event Sponsors:*

**Jim & Barb Chandler**  
**HEMPY WATER**





## Commemorative Gifts

### IN HONOR OF:

*Dan & Dolly Atkinson*

**Given by:**

Wes & Julia Lambert

*Floyd & Linda Thomas*

**Given by:**

Wes & Julia Lambert

### IN LOVING MEMORY:

*Treva Jane Ringler*

**Given by:**

Sue Black

Rexford & Marilee Yarger

*Amanda Thacker*

**Given by:**

Lee & Becky Erhardt

*David Winger*

**Given by:**

Nora Jean Adams

Hershel & Virginia Bartley

Jerry & Karen Carpenter

Donald & Vicki Carroll

Thomas & Naomi Chapman

Edward & Patricia Helal

Elizabeth Hosfeld

Paul & Donna James

John & Julia Pinski Sr.

Carol Rhodebeck

Jo Robertson

Charles & Carole Wachtel

Charles & Diane Winger

Did you know that you can give a commemorative gift any time to honor or remember someone you love? Learn more by contacting Executive Director Melanie Miller at [melaniem@ashlandcarecenter.org](mailto:melaniem@ashlandcarecenter.org) or 419.281.1111.

## A Message from the Executive Director



**Melanie Miller,**  
**Executive Director**

Greetings, Friends!

One of the echoing words the Lord has been pressing on my heart this season is simple: "Be a blessing, not a burden." I find that more and more, people are less friendly and kind. People are more stressed and less patient. God has been challenging me to do good to others, even when I don't feel like it. A few weeks ago, I hit a deer. I'm ok, but it was an inconvenience to say the least. Securing a rental car was supposed to be a simple process. It ended up being a half-day extravaganza! There was interruption after interruption. Delay after delay. I found myself getting frustrated, but I was quickly quieted with the promises of God that perhaps he was working this all for my good (Romans 8:28) I truly believe everything happens for a reason. Was God trying to get my attention and teach me something new? The young man at the rental car place was under staffed and doing the job of 4 or 5 people. None of this was his fault. He was kind, but things were out of his control. My response was patient and kind to him. I put myself in his shoes. I know what it's like to be short-staffed or on the go. I thought, "He may not get a chance to eat lunch." When I returned to pick up my car, I brought him a hot sandwich. My response to him over and over

was to bless him. At the end of the day, he asked me where I go to church, and he asked me about my relationship with God. I never once preached Jesus to this young man. He apologized over and over to me, but I always responded with a smile and said to him, "I believe God works all things together for good." My actions and my response were different than what he had experienced from many other customers. He kept thanking me for not yelling at him.

You see, who are you reflecting? Does the way you treat others reflect the love and compassion of Jesus? Our actions speak much louder than our words.

The ministry of Ashland Pregnancy Care Center strives to bless families who find themselves in an unplanned situation. We listen to the cries and concerns of moms and dads who are scared, overwhelmed, and feeling hopeless. We love them, care for them, and offer holistic support. When families learn of all of the ongoing care, resources, education, and assistance we can help them with—pregnancy and the unborn baby are no longer seen as a burden, but a blessing! Friends, by investing your prayers, time, and financial support, you are being a blessing and making miracles possible. May you be challenged and inspired by a new motto: "God uses anyone, anywhere, anytime." Be ready, available, and willing at all times to be a blessing. To God be the glory!

I'd love to hear from you! Send me an email at [MelanieM@AshlandCareCenter.org](mailto:MelanieM@AshlandCareCenter.org) or give me a call at 419.281.1111.

*Melanie Miller, Executive Director*



### SPECIAL VISIT FROM OHIO SECRETARY OF STATE, FRANK LAROSE

APCC Staff & Board Members welcomed Ohio Secretary of State, Frank LaRose to the Center on Monday, October 4, 2021, for a ministry presentation and tour. Secretary LaRose presented the APCC with a signed copy of the Dr. Seuss book, *One Vote, Two Votes, I Vote, You Vote*, and shared with the team about the new confidential program, "Safe At Home," which assists victims of domestic violence and sexual assault by shielding their personal information from public record and providing them with a safe and secure way to vote.



## 2021 Winner "Best Non-Profit"

Thank you to the Ashland community for voting for Ashland Pregnancy Care Center as the Best Non-Profit for 2021! We have a dedicated team that loves to serve and serves with excellence. Thank you again, Ashland, for supporting our life-saving mission and voting us as Best Non-Profit for 4 years in a row!

# APCC Expanding Services

## COMMITTED TO OFFERING EXCELLENT CARE TO FAMILIES

### Breastfeeding Classes



#### NEW this November



Written by: Stephanie Shaffer, RN BSN CLC

I am so excited to bring breastfeeding help to APCC this fall. I have witnessed the need for compassionate intimate help that nursing mothers in our community desire. My name is Stephanie Shaffer, and I have been a nurse for more than 10 years in acute care, recently stepping away to be a stay-at-home mom. I am a mom to three very busy boys who each provided me with different breastfeeding experiences. During this time, I developed a passion for breastfeeding that pushed me to become a Certified Lactation Counselor. My desire is to provide a breastfeeding class that is held in an atmosphere that is calming and non-judgmental. A place where expecting or new mothers can come and feel welcomed no matter how they choose to feed their babies. Through this class, I hope to build a relationship with these mothers so that after they have their babies, they will feel comfortable enough to call the center and ask for help with breastfeeding, even if that mom just needs to sit down with another mom who understands what she may be going through and listen. I want to be that

reassurance that they need to keep going on their breastfeeding journey. I also hope that these moms are able to form a friendship with other moms in the class because support is a big factor in breastfeeding success. Most of all, I want these women to know and feel the love of Jesus through this class.

Three weeks this November, a one-hour class will be held teaching the basics of breastfeeding, helping mom and baby get off to a great start, and the art of breastfeeding. I will provide activities for the clients to help them understand the benefits of breastfeeding and to give them an opportunity to see and touch different supplies and ask questions about them. At the end of the three week class, we would love to provide these moms with a gift that will help them get their breastfeeding journey off to a great start. They will also have the opportunity to sit down one-on-one to discuss issues they may be having with breastfeeding as I provide them the help they need or point them in the right direction for more experienced help.

I am feeling so many emotions about this class as this has been pressing on my heart for some time, and I know that it will be a blessing to our community and that the Lord will be honored and glorified through it.

#### Breastfeeding Class "Sponsor-A-Mom"

- 1.) **Gift of \$100:** Covers a breastfeeding starter kit and class supplies for one mom
- 2.) **Shop Supplies on our Charity Amazon Wishlist** titled "Breastfeeding Class"

## NURSE/CLINIC MANAGER MEDICAL UPDATE



Written by: Chris Coffy, RN - Nurse/Clinic Manager

#### Offering Prenatal Vitamins

Towne Pharmacy in Ashland has partnered with us to provide a 30-day supply of prenatal vitamins at no cost to our clients after a positive pregnancy test is

confirmed at APCC. Vouchers were created with APCC and Towne Pharmacy information and are offered to clients during the first initial intake visit at APCC. Clients can redeem the voucher at Towne Pharmacy and can discuss with the pharmacists there any questions they may have. This has helped eliminate a small financial burden for some of our moms and ensures the babies are getting the appropriate vitamins necessary for early growth development. Thank you, Towne Pharmacy, for partnering with us!

#### Abortion Pill Reversal (APR)



We introduced APR at the Ashland County Fair this year, and a common question that came up was, "Can the abortion pill really be reversed?" The answer is yes! Time is of the essence, and the goal is to initiate the process within 24-72 hours after the first abortion pill has been taken. The abortion pill, also referred to as a chemical abortion, uses two medications to complete the abortion process. APR is the process of administering the natural

hormone progesterone to block the effects of the first medication, mifepristone, providing the opportunity to save the pregnancy. Ultrasounds will be provided to the women who seek APR services to monitor viability of the pregnancy until prenatal care can be established.

APCC is currently establishing necessary APR protocols and standing orders for the program, as well as preparing medical staff with the necessary APR education. APCC volunteer (& pharmacist) Belinda Foster researched and created a list of pharmacies that provide various forms of progesterone to meet the necessary dosing for the program.

Many women decide to abort under the stress of an unplanned pregnancy, and some of them change their minds once the chemical abortion process has begun. By adding APR services at APCC, we will continue our mission of offering compassion, hope, and help to women facing critical pregnancy decisions (or regrets), providing mom and baby with a second chance—to choose life.



Chris Coffy, Nurse/Clinic Manager, explains APR (Abortion Pill Rescue) to a fair-goer at the Ashland County Fair.

## INTERESTED IN WAYS TO GIVE BACK THIS Christmas?

- ♥ Adopt-A-Client Family
- ♥ Shop our Amazon Wishlists at [www.AshlandCareCenter.org/Boutique](http://www.AshlandCareCenter.org/Boutique)
- ♥ Use **amazon smile** when shopping on your Amazon account. Select APCC as your charity of choice.
- ♥ Give a Year-End Christmas Gift at [www.AshlandCareCenter.org/Year-End](http://www.AshlandCareCenter.org/Year-End)

Questions?

Contact Melanie Miller at 419.281.1111.



### Fill a Bottle and Save Lives

2021 & 2022 baby bottles are awaiting your loose change. **Get Started Now!**

Contact our office at 419.281.1111 to reserve your 2021 or 2022 bottles for your church, group, or business.

**NEW!** Virtual bottles are available.

## LIFE IS PRECIOUS!



Meet Baby Luke, now 5 months old, who was born on May 12, 2021. He is wearing a dragon costume that was purchased at The Boutique, our material store, made possible through the "Learn & Earn" Program. His mom, Fei Fei (left), faithfully comes weekly to meet with Mother Mentor Amy Keller (right) for learning and encouragement.





### *Ashland Pregnancy Care Center*

119 Sloan Ave.  
Ashland, OH 44805  
419.281.1111

Open Mon, Tues, Thurs.  
10:00 a.m. - 6:00 p.m.  
Wednesday by appointment.

### *The Boutique*

Emmanuel United Methodist Church  
Lower Level  
322 Cleveland Ave.  
Ashland, OH 44805

Open Thursday  
12:00 p.m. - 6:00 p.m.

### *Special Holiday Closings:*

Thanksgiving Day: Thursday, November 25, 2021  
Christmas Break: December 23, 2021 - January 2, 2022

## JANUARY IS SANCTITY OF HUMAN LIFE MONTH



January is Sanctity of Human Life Month, and **January 16, 2022 is National Sanctity of Human Life (SOHL) Sunday**, which is a time we set aside every year to focus on the value of each and every human life, commemorate the many lives lost to abortion, and commit to protecting human life at every stage. It is celebrated every year on the third Sunday of January.

Did you know that National SOHL Day is an observance declared by several U.S. Presidents who opposed abortion? President Ronald Reagan designated January 22, 1984, as the first SOHL Day. **We invite you to join us for our annual SOHL Sunday Community Service.**



# Sanctity of Human Life

## COMMUNITY SERVICE

**SUNDAY, JANUARY 16, 2022 ♥ 4:30 PM**

**BETHEL BAPTIST CHURCH**

575 US-250 ♥ SAVANNAH, OH 44874



*Featuring Special Guest Speaker:*  
**STEVEN HOLLAND**

## Upcoming Events

### GET READY TO JOIN US

### *Jewelry for Life Fundraiser & Open House*

**Tuesday, November 16, 2021**

**6:30 - 8:00 p.m.**

Ashland Pregnancy Care Center

Bring a friend, tour the Center, & shop Park Lane Jewelry! Come & go as you need. A portion of the proceeds will be donated to APCC. Please RSVP at 419.281.1111.

### SAVE THE DATE!

### *Annual Fundraising Banquet*

**Thursday, April 21, 2022**

Ashland University Convocation Center

*More details and featured guest speaker announcement coming soon!*

### *Volunteer Opportunities*

Want to make a difference in our community?  
Contact us to learn more about our mission, services, & volunteer opportunities.

For more information about serving, please contact  
Amanda at 419.281.1111 or email at  
[Amanda@ashlandcarecenter.org](mailto:Amanda@ashlandcarecenter.org)



[WWW.ASHLANDCARECENTER.ORG/SANCTITY](http://WWW.ASHLANDCARECENTER.ORG/SANCTITY)